

Sign Up Today!



North Country
HEALTH CONSORTIUM

Leading innovative collaboration to improve
the health status of Northern New Hampshire

NCHCNH.org

Wellness
And
Recovery
Model



Location:

North Country
Health Consortium
262 Cottage st
Littleton, NH 03561

Space is Limited!
(Lunch on your own)

Register at:

<http://bit.ly/MHFA-Feb2020>



For more information on
continuing education or
other questions, contact:
Laura Remick

lremick@nchcnh.org

Continuing Education:

Nurses: North Country Health Consortium/NNH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity was approved for 8 Nursing Contact Hours. Activity #384.

Providers: The North Country Health Consortium/NNH AHEC is accredited by the NH Medical Society to provide continuing medical education for physicians. The North Country Health Consortium/NNH AHEC designates this live activity for a maximum of 8 AMA PRA Category 1 Credit(s)[™].

CPS credits: This program has been approved by the New Hampshire Prevention Certification Board for 8 Continuing Education Units (CEUs) in CPS Domain # 6 – Professional Growth and Responsibility.

LADC: This training has been approved by the NH Board of Licensing for Alcohol and Other Drug Use Professionals in the Categories of: 4- Crisis Response and 16- Physiological/Medical Factors for 8 hours.



Mental Health First Aid

Join the movement.

Sometimes first aid isn't
a bandage, or CPR or
calling 911. Sometimes,
first aid is YOU

Date:

February 27th

7:45am to 5pm

A person you know could be
experiencing a mental health
or substance use problem.

You are more likely to encounter
someone in an emotional or
mental crisis than someone having
a heart attack. Learn how to help a
friend, family member, coworker
or neighbor in need. Get trained in
Mental Health First Aid.



Take a course. Save a life.
Strengthen your community.

For more information, visit www.MentalHealthFirstAid.org